



Herschel Jones Middle School



Spring Volume Home of the Tigers!

April 2024

COUNSELOR TIGER INFORMATION

Family Resources:

Family Alliance of Paulding, Inc. provides a free, online parenting class on Thursdays 6:30-8 p.m. Anyone can attend and can start at any time. There are 10 sessions to complete the course. We do one or two sessions per week.

Please see registration link below:

<https://us02web.zoom.us/join/ztZpcO2urzgjHNDERQMs8Jc-0kSqGY0mPa4-#/registration>

Self-Care for Parents: Proof - Supporting Neurodiverse Students
(childmind.org)

988 Suicide and Crisis Lifeline:

samhsa.gov/sites/default/files/988-you-matter.mp4

MESSAGE FROM THE COUNSELORS

Dear Parents,

We are super excited about our upcoming spring testing for the Georgia Milestones. We know that this can be a time where students can feel some anxiety as we enter into our spring testing. We would like to offer the best test taking strategies that your child can utilize in order for students to experience optimal success with testing this school year. Please see testing tips on page 2 of this newsletter.

***Sincerely,
Dr. Shawn Shavers-Sublett &
Melissa Crawford (School Counselors)***

Happy Spring!



IMPORTANT DATES TO REMEMBER

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| April 1-5 | <i>Spring Break</i> |
| April 22 | <i>Georgia Milestones Testing , 8th Grade ELA Section 1</i> |
| April 23 | <i>Georgia Milestones Testing, 8th Grade ELA Sections 2&3</i> |
| April 24 | <i>Georgia Milestones Testing, 8th Math</i> |
| April 29-30th | <i>Georgia Milestones Testing, 6th ELA Section 1 and ELA Sections 2&3/ Math</i> |
| May 1&2 | <i>Georgia Milestones Testing, 8th Math/Sci/Phy SCI</i> |
| May 7-9 | <i>Georgia Milestones Testing, 7th ELA Sections 1-3 & 7th Math</i> |
| May 10 | <i>8th Georgia Milestones Testing, 8th Social Studies</i> |
| May 22 | <i>Last Day Of School (Early Release)</i> |

Character Education



April: Punctuality, being on time for attendance and tasks

May: Perseverance, working hard without giving up

This month's character trait is April: **Punctuality**, being on time for attendance and tasks

COUNSELOR Testing Tips :

- Excellent Test Taking Tips
 - 1.) Before, testing remember to relax. Take 4 or 5 deep breaths if needed.
 - 2.) Go into the test with confidence, staying confident makes it easier to remember everything you know.
 - 3.) Get enough sleep before you test, your memory recall will be much better while you are testing.
 - 4.) While testing, listen carefully to all instructions
 - 5.) While testing, do not spend too much time on a question that you may not know; go back at the end of the test and answer the questions that you may gotten stuck on.
 - 6.) Remember to spend extra time to check your work, you may end of adding more details to your work.

Good Luck!!!



COUNSELOR REMINDERS

- School Wide Expectations of students at Herschel Jones Middle School (Tiger Pride)
 - 1.) P-Prompt (being on time; materials ready to begin work)
 - 2.) R-Respect each other and each other's belongings
 - 3.) I-Integrity, take responsibility for my education and behavior
 - 4.) D-Determination, give your best effort on all activities and assignments
 - 5.) E-Excellence, complete all assignments to the best of your abilities
- Students should be on their best behavior every day.
- Students who will not follow the student expectations may be placed in our Success Center classroom for a portion of the day or the entire day depending on the level of infraction and other consequences and suspension as a final action.
- Students are to follow the school bus rules and guidelines at all times.

COUNSELOR TIPS

Avoiding Homework Hassles, Consider these tips to help with homework.

- Keep in touch (Always keep the communication between parents & teachers strong by checking the parent portal daily and reaching out to your child's teacher consistently.
- Slow Down (Take the time to lend a helping hand, if only to keep your child on track).
- Work Space (Create a space nearby in your home where you can be available in case your child needs additional help).
- Praise (Your child may act like it's no big deal, but sincere praise is appreciated at any age. Parents can use such phrases as: "You've really thought this through", "This is going to be a great report".